

🔍 my back hurts



Shop for care like you do everything else.

It's nice to know the price for things like groceries and gas before you get them. With the Surest health plan, you can see the price for health care before you use it, too. The Surest plan is designed to show you actual prices (not estimates) and treatment options to help you make decisions about where and how to get care. If you have a life-threatening condition, call 911 or go to the ER. For everything else, check your Surest account to find physician prices, treatment options, and ways to save before you get care.



Go to **Benefits.Surest.com** or the **Surest app** and search by condition or symptom to find care that fits your health need and budget.

Care options at a glance

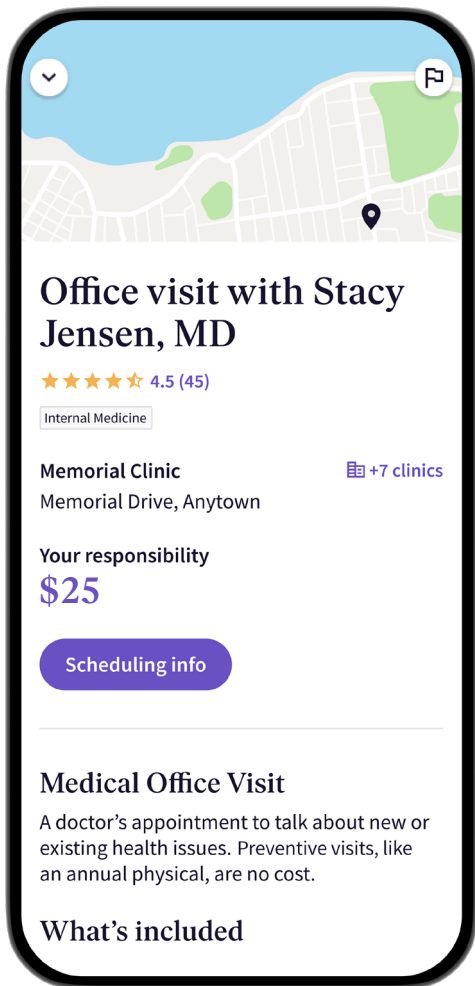
LOW COST



HIGH COST

Virtual care	See a physician for acute, urgent, primary, mental, or specialty needs. Many virtual care providers are available 24/7. You can get care where and when it's most convenient for you.
Primary care	Care from a physician who may know you best, in-office or telehealth visit
Urgent care	Serious conditions that aren't generally life-threatening
Emergency room	Life- and limb-threatening emergencies

See prices and find care from the palm of your hand.



Illustrative example only. Costs and coverage may vary.

Once you have an account, you can shop for care and find ways to save time and money, especially when you use virtual care. See things like:

- Copay—your price for a visit, treatment, or procedure
- Location information and scheduling details
- What’s included in a visit

Need help finding care?

Member Services is available online via chat and email or by calling the number on the back of your Surest member ID card.



Go to **Benefits.Surest.com** or **download the Surest app** to create a Surest account today.