

HEALTHCHECK360

SECUR-SERV 2025 WELLNESS PROGRAM

Presented By | [HealthCheck360](#)



WHO IS HEALTHCHECK360?

HealthCheck360 strives to make employees happy and healthy!

With our comprehensive approach designed to enhance employee wellbeing, our programs address multiple dimensions of health including physical, mental, emotional, and financial health.



PROGRAM DESIGN

All employees and all spouses are eligible to participate!

Complete your points by **October 31st, 2025.**

| Level 1 Boot Up | Level 2 System Check | Level 3 Optimizing Performance | Level 4 File Operational |
|---------------------------------|---------------------------------|---|-------------------------------------|
| 300 Points | 600 Points | 900 Points | 1,200 Points |
| Chance to win a \$25 gift card* | Chance to win a \$50 gift card* | Chance to win a \$100 gift card* | Premium Discount in 2026 |

*Gift card drawings held quarterly.

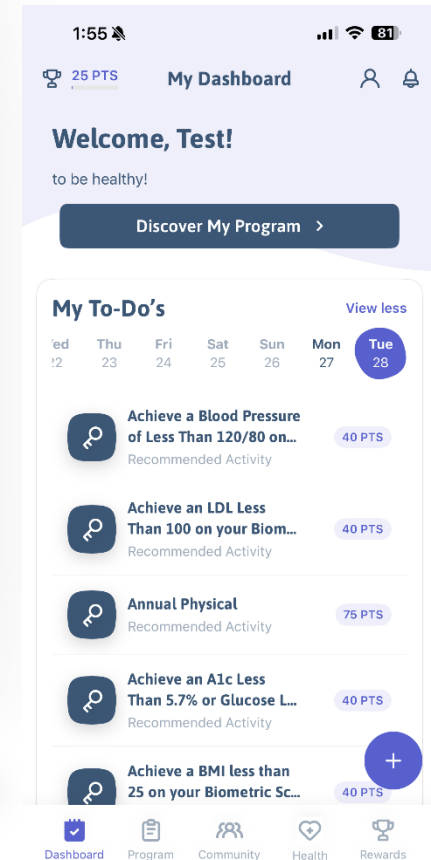
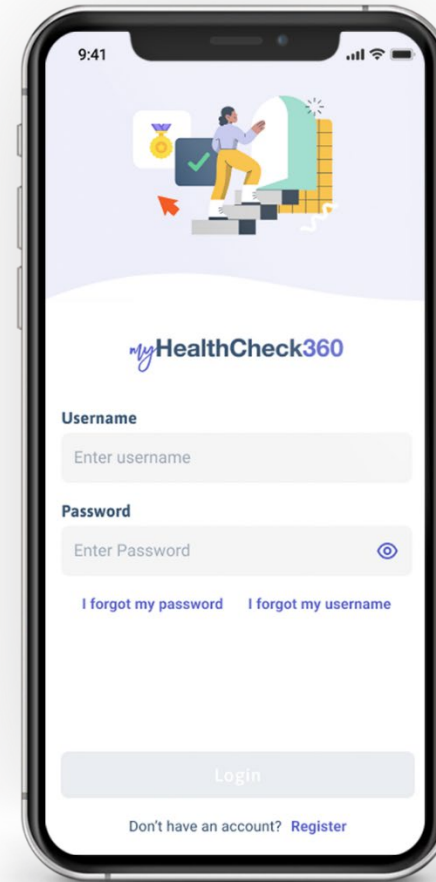


CREATE YOUR ACCOUNT

All employees and all spouses must create their own unique accounts.

- Download the myHC360+ mobile app.
- Select **Register** and enter your information.
 - Your Company Code is **SSERV**
 - Your Unique ID is your **File # (Found on the top left of your paystub)**.
- You must have a unique email address to complete registration
- Complete the form, agree to the terms and conditions and select **Create Account**.
- You will receive an email from HealthCheck360 to confirm your email address.

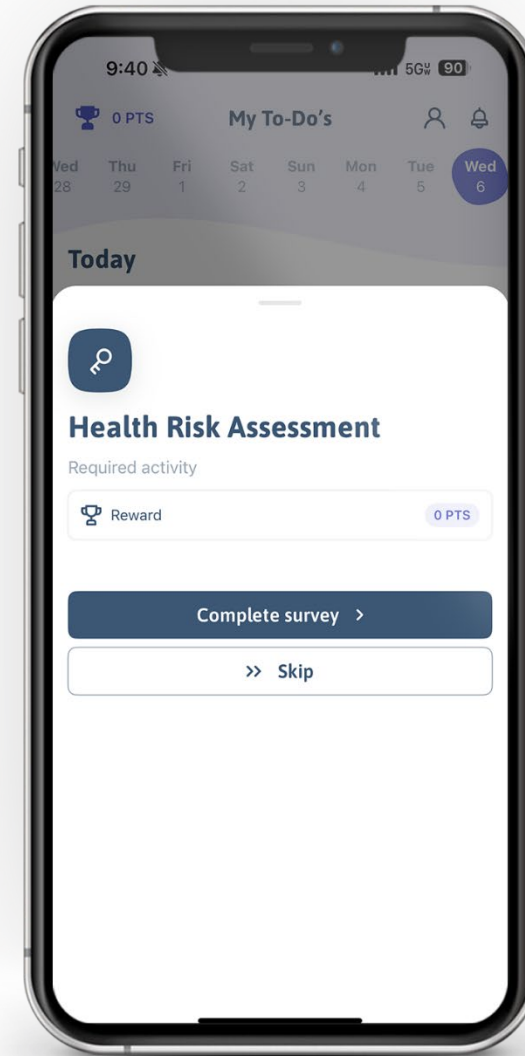
**You must confirm your email address before you can log in, since MFA verification will be required each time you log in.*



HEALTH RISK ASSESSMENT (HRA) SURVEY

Worth 50 points toward your 1,200-point goal!

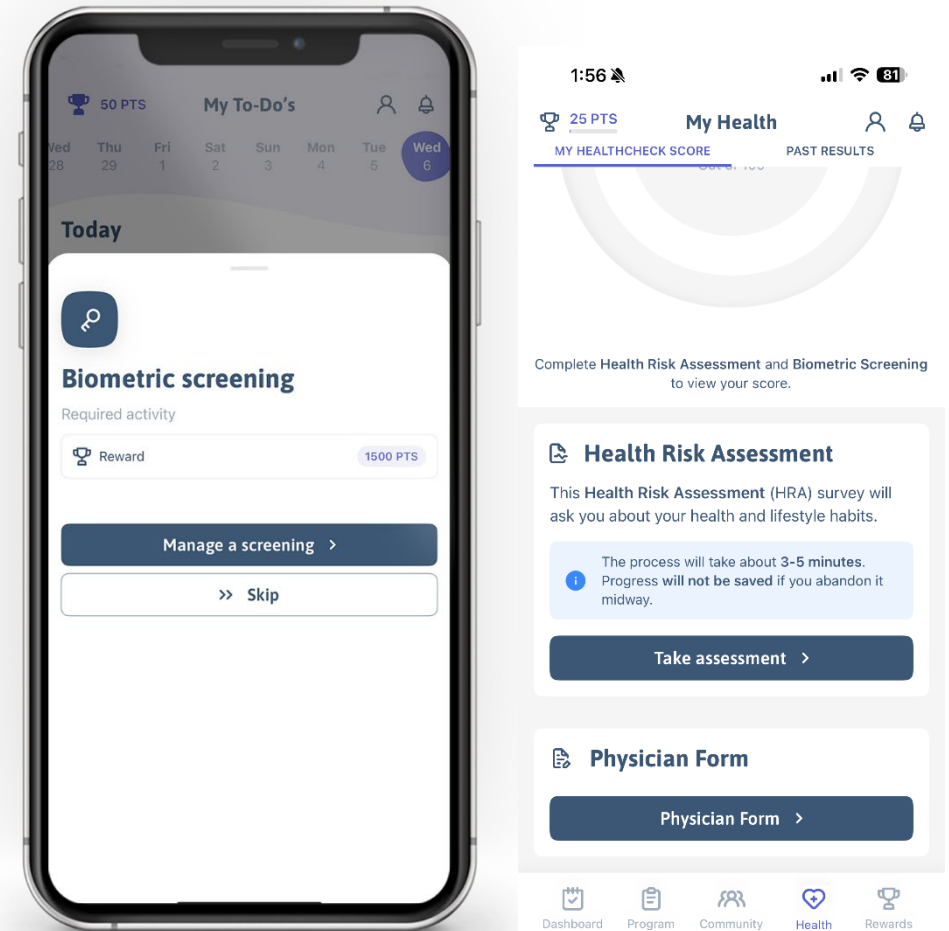
- Login into your myHC360+ mobile app
- Go to **My To-Dos** and select **Health Risk Assessment**
- Select **Complete Survey**
- Scroll down and select **Take Assessment**



BIOMETRIC SCREENING

Worth 200 points toward your 1,200-point goal!

- Contact your Healthcare Provider and schedule an annual wellness appointment.
- Login into your myHC360+ mobile app
- Go to **My To-Dos** and select **Biometric Screening**
- Scroll down and select **Physician Form**
- Download the Physician Form and bring to your Physician's Visit
- Once the form is completed with your Physician, log back into the myHC360+ mobile app
- Go back to the **Physician Form** page and upload your form
- Fill in the on-screen form select **Submit**
- Once submitted, you will receive a notification that your results are under review.



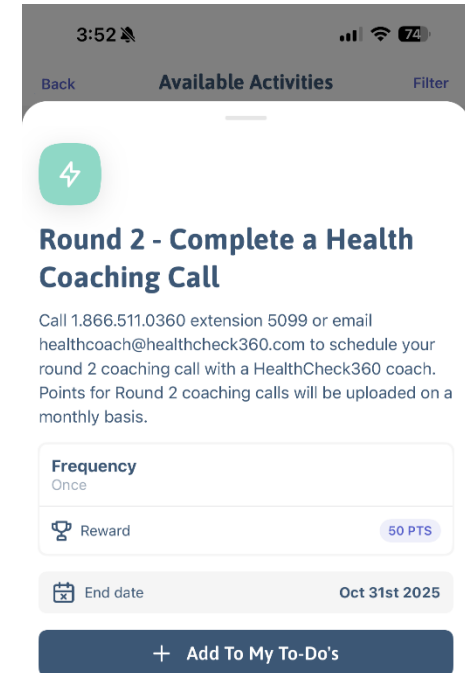
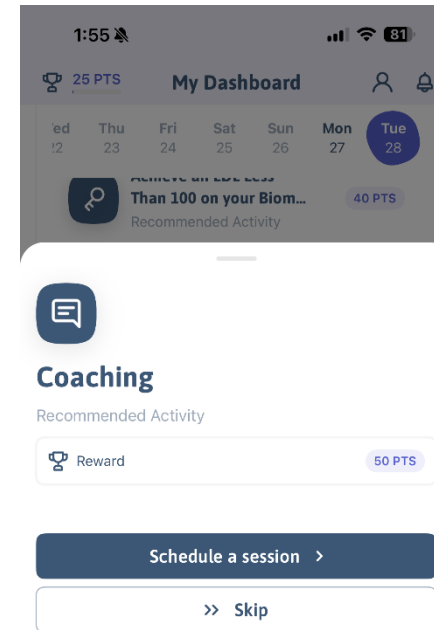
COACHING

Worth up to 100 points toward your 1,200-point goal!

- Login into your myHC360+ mobile app
- Go to **My To-Dos** and select **Coaching**
- Schedule a session with a HC360 Health Coach
- Once your coaching session is completed, you will automatically earn 50 points

To receive points for your 2nd coaching call

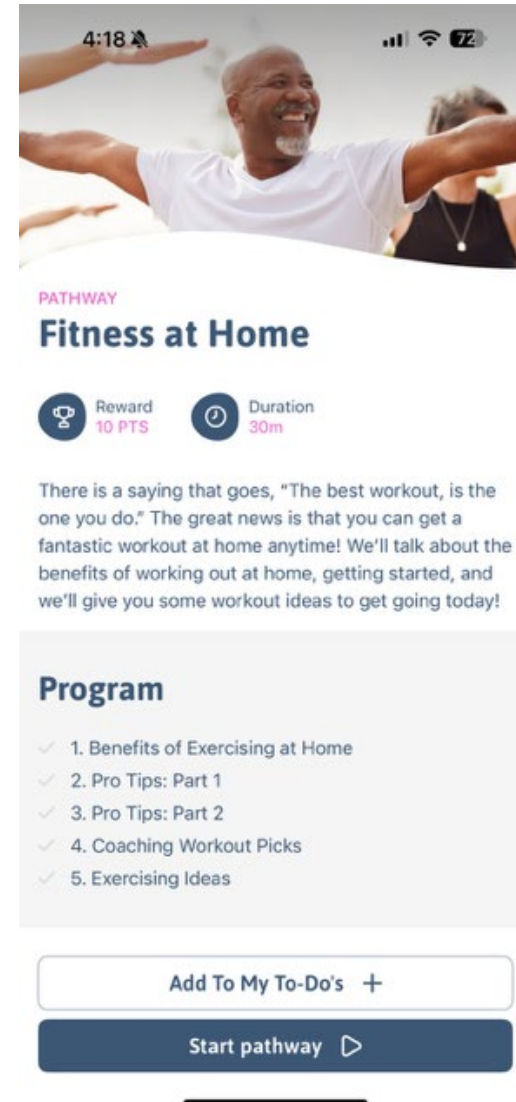
- Login into your myHC360+ mobile app
- Select **Program** on the bottom navigation
- Select **View all** near the top right corner
- Select **Round 2 – Complete a Health Coaching Call** and add to your To-Do-List
- Call 1.866.511.0360 extension 5099 or email healthcoach@healthcheck360.com to schedule your coaching call
- Points for Round 2 coaching calls will be uploaded monthly.



PATHWAYS

Worth up to 80 points toward your 1,200-point goal!

- Login into your myHC360+ mobile app
- Select **Discover My Program** from the Dashboard
- Select **Pathways** from the top navigation
- Select a Pathway from the list and select **Start pathway**
- Each Pathway takes between 30-60 minutes to complete



QUARTERLY CHALLENGES

Worth up to 150 points toward your 1,200-point goal!

- Login into your myHC360+ mobile app
- Select **Discover My Program** from the Dashboard
- Select **Challenges** from the top navigation
- Select the challenge from the challenge list and select **Join Challenge**
- You will then be able to track your progress against your colleagues on the Leaderboard!



LEADERBOARD CHALLENGE

Step Forward

Type: Steps Duration: 90 days

Have you ever found it tough to get 10,000 steps in a day? HealthCheck360 wants to help you reach those step goals with our Step Forward Challenge! Each week, we'll focus on different activities to slowly increase the numbers of steps you take each day. We make it easy for you! Track your steps on your myHC360+ app or connect a device! Let's start with 7,000 steps per day, Good Luck!

0 Participants joined

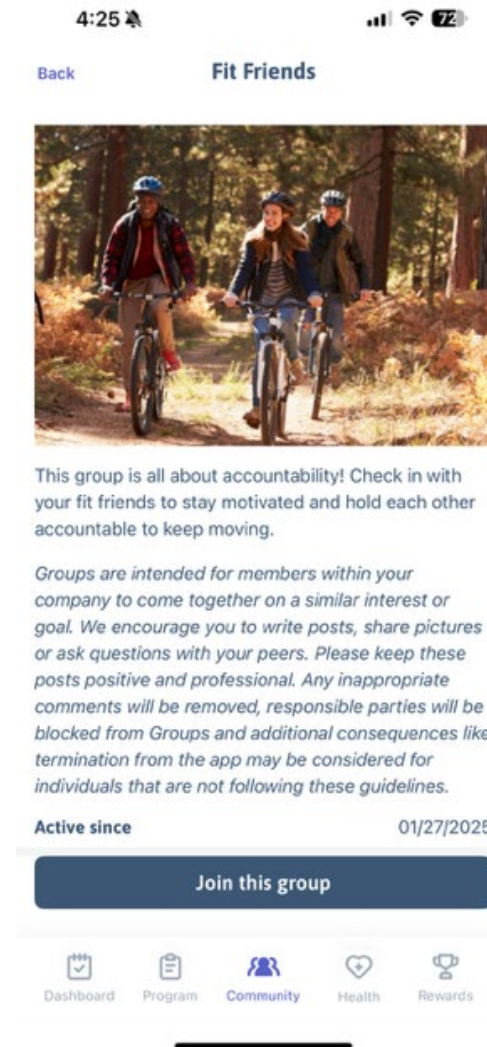
Join this challenge



GROUPS

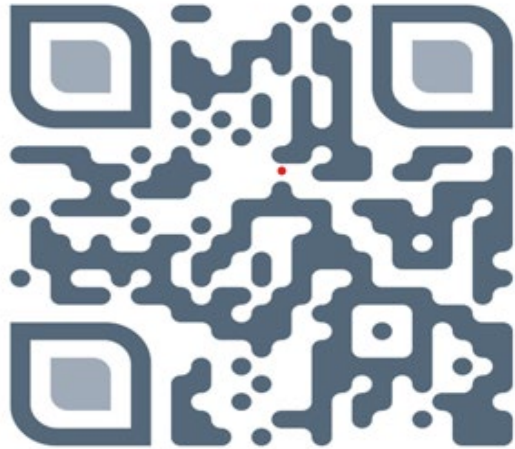
Groups provide the opportunity to connect with others based on your own unique interests!

- Login into your myHC360+ mobile app
- Select **Community** on the bottom navigation
- Select **Challenges** from the top navigation
- Select Groups from the top navigation
- Select a Group that interests you and select **Join this group**



DOWNLOAD THE MOBILE APP AND EARN POINTS TODAY!

Scan the QR code below with your phone to download the mobile app and **Earn your first 25 points!**



- Select **Register** and enter your information.
 - Your Company Code is **SSERV**
 - Your Unique ID is your **File ID** (Found on the top left of your paystub)
- You must have a unique email address to complete registration
- Complete the form, agree to the terms and conditions and select **Create Account**.
- You will receive an email from HealthCheck360 to confirm your email address.

**You must confirm your email address before you can log in, since MFA verification will be required each time you log in.*



CONNECT YOUR DEVICE TO EARN MORE POINTS!

Connect your device to **Earn another 50 points!**

- Login into your myHC360+ mobile app
- Select the **my profile** icon on the top right of your screen
- Find your fitness app or device and select **Connect**
- Select the data you want to share and then **Allow**

Eligible Devices:

- Apple Health
- GoogleFit
- Garmin
- Fitbit



JOIN THE LAUNCH INTO HEALTH CHALLENGE!

Join the Launch Into Health challenge to be eligible to **Earn another 75 points!**

- Login into your myHC360+ mobile app
- Select **Discover My Program** from the Dashboard
- Select **Challenges** from the top navigation
- Select the challenge from the challenge list and select **Join Challenge**
- You will then be able to track your progress against your colleagues on the Leaderboard!



Launch your way to increasing your activity each week! Those who meet the tracking goal for each week of the challenge will earn 75 points!

- Week 1 - 30 minutes of activity 1 day per week
- Week 2 - 30 minutes of activity 2 days per week
- Week 3 - 30 minutes of activity 3 days per week
- Week 4 - 30 minutes of activity 4 days per week



QUESTIONS?

HealthCheck360 Support Team
866-511-0360 ext 4241
Support@healthcheck360.com
myHC360+ [Knowledge Base](#)



MOBILE APP DEMO

